

RECOMMENDED WELL CHILD VISIT SCHEDULE

Well visits are about more than staying up-to-date on your immunizations (Although those are important, too!). We consider ourselves a partner and an advocate for your child's well-being. Every visit is an opportunity to check and double-check your child's development, their physical and mental health, and your family's wellness goals.

	APPOINTMENT INFO	RECOMMENDED IMMUNIZATIONS
2 Weeks	Patient Medical History, Family Medical History, Resource Needs Survey, Edinburgh Postpartum Depression Screening, Bloodwork for Newborn Screening #2	Hepatitis B #1 (if not given at birth), seasonal RSV antibodies
1 Month	Edinburgh Postpartum Depression Screening	Seasonal RSV antibodies (if not already given)
2 Months	Edinburgh Postpartum Depression Screening	Vaxelis (DTaP, Hib, Polio, Hepatitis B) #1, PCV 20 #1, Rotateq #1, seasonal RSV antibodies (if not already given)
4 Months	Edinburgh Postpartum Depression Screening	Vaxelis (DTaP, Hib, Polio, Hepatitis B) #2, PCV 20 #2, Rotateq #2, seasonal RSV antibodies (if not already given)
6 Months	Edinburgh Postpartum Depression Screening, Resource Needs Survey, Oral Health Questionnaire, Fluoride Varnish If Indicated	Vaxelis (DTaP, Hib, Polio, Hepatitis B) #3, PCV 20 #3, Rotateq #3, Seasonal Influenza & Covid, Seasonal RSV antibodies (if not already given)
9 Months	Developmental Questionnaire, Oral Health Questionnaire, Fluoride Varnish If Indicated	Seasonal Influenza & Covid
12 Months	Developmental Questionnaire, Resource Needs Survey, Oral Health Questionnaire, Fluoride Varnish If Indicated, Bloodwork For Anemia and Lead	Varicella #1, Hepatitis A #1, MMR #1, Seasonal Influenza & Covid
15 Months	Developmental Questionnaire, Resource Needs Survey, Oral Health Questionnaire, Fluoride Varnish If Indicated, Bloodwork For Anemia and Lead If Indicated	Pentacel (DTaP, Hib, Polio) #4, PCV 20 #4, Seasonal Influenza & Covid
18 Months	Developmental Questionnaire, Resource Needs Survey, Fluoride Varnish If Indicated, Vision Screening	Hepatitis A #2, Seasonal Influenza & Covid
24 Months	Developmental Questionnaire, Resource Needs Survey, Oral Health Questionnaire, Fluoride Varnish If Indicated, Lead Screening If Indicated	MMR #2, Varicella #2, Seasonal Influenza & Covid
30 Months	Developmental Questionnaire, Resource Needs Survey, Fluoride Varnish If Indicated	Seasonal Influenza & Covid
3 Years	Developmental Questionnaire, Resource Needs Survey, Oral Health Questionnaire, Fluoride Varnish If Indicated, Vision Screening	Seasonal Influenza & Covid
4 Years	Developmental Questionnaire, Resource Needs Survey, Oral Health Questionnaire, Fluoride Varnish If Indicated	Quadracel (DTaP and Polio #5), Seasonal Influenza & Covid
5 Years	Developmental Questionnaire, Resource Needs Survey, Oral Health Questionnaire, Fluoride Varnish If Indicated, Hearing, Vision and Colorblindness Screening	Quadracel (DTaP and Polio #5) if not given at 4 yr. visit, Seasonal Influenza & Covid
6 to 8 Years	Resource Needs Survey, Oral Health Questionnaire, Fluoride Varnish If Indicated, Mental Health Screening (age 8), Vision Screening	Seasonal Influenza & Covid
9 to 10 Years	Resource Needs Survey, Oral Health Questionnaire, Mental Health Screening, Vision Screening, Cholesterol Check at 10 yrs.	HPV #1 at 9 yrs, Tdap #1 at 10 yrs, Seasonal Influenza & Covid
11 to 13 Years	Resource Needs Survey, Oral Health Questionnaire, Mental Health Screening, Substance Use Screening Starting at 12 yrs, Vision Screening	HPV #2, Meningococcal ACWY #1, Seasonal Influenza & Covid
14 to 15 Years	Resource Needs Survey, Oral Health Questionnaire, Mental Health Screening, Substance Use Screening, Teen Release of Information, Vision Screening	Seasonal Influenza & Covid
16 Years	Resource Needs Survey, Oral Health Questionnaire, Mental Health Screening, Substance Use Screening, Vision Screening	Meningococcal ACWY #2, Meningococcal B #1, Seasonal Influenza & Covid
17 to 22 Years	Resource Needs Survey, Oral Health Questionnaire, Mental Health Screening, Substance Use Screening, Vision Screening, Cholesterol Check at 17 yrs.	Meningococcal B #2 (if not already given) at 17-18 yrs, Seasonal Influenza & Covid



VACCINE INFORMATION

A critical part of pediatric wellness is preventing illnesses that can be avoided. As an evidence-based medical professionals, Pediatric Associates of the Northwest believes in the importance of vaccines and strongly recommends patients stay up-to-date on their immunizations. We follow the immunization schedule from the American Academy of Pediatrics.

We also recognize that every family is unique. If you have concerns about the safety or efficacy of vaccines, we are committed to listening and providing resources to encourage informed decisions.

	VACCINE- PREVENTABLE DISEASE	DISEASE COMPLICATIONS
RSV (Respiratory Syncytial Virus)	Contagious viral infection of the nose, throat, and sometimes lungs; spread through air and direct contact	Infection of the lungs (pneumonia) and small airways of the lungs; especially dangerous for infants and young children
Hepatitis B	Contagious viral infection of the liver; spread through contact with infected body fluids such as blood or semen	Chronic liver infection, liver failure, liver cancer, death
Rotavirus	Contagious viral infection of the gut; spread through the mouth from hands and food contaminated with stool	Severe diarrhea, dehydration, death
Diphtheria*	Illness caused by a toxin produced by bacteria that infects the nose, throat, and sometimes skin	Swelling of the heart muscle, heart failure, coma, paralysis, death
Pertussis (Whooping Cough)*	Contagious bacterial infection of the lungs and airway; spread through air and direct contact	Infection of the lungs (pneumonia), death; especially dangerous for babies
Tetanus (Lockjaw)*	Bacterial infection of brain and nerves caused by spores found in soil and dust everywhere; spores enter the body through wounds or broken skin	Seizures, broken bones, difficulty breathing, death
Hib (Haemophilus Influenzae Type B)	Contagious bacterial infection of the lungs, brain and spinal cord, or bloodstream; spread through air and direct contact	Depends on the part of the body infected, but can include brain damage, hearing loss, loss of arm or leg, death
Pneumococcal	Bacterial infections of ears, sinuses, lungs, or bloodstream; spread through direct contact with respiratory droplets like saliva or mucus	Depends on the part of the body infected, but can include infection of the lungs (pneumonia), blood poisoning, infection of the lining of the brain and spinal cord, death
Polio	Contagious viral infection of nerves and brain; spread through the mouth from stool on contaminated hands, food or liquid, and by air and direct contact	Paralysis, death
COVID-19	Contagious viral infection of the nose, throat, or lungs; may feel like a cold or flu. Spread through air and direct contact	Infection of the lungs (pneumonia); blood clots; liver, heart or kidney damage; long COVID; death
Influenza (Flu)	Contagious viral infection of the nose, throat, and sometimes lungs; spread through air and direct contact	Infection of the lungs (pneumonia), sinus and ear infections, worsening of underlying heart or lung conditions, death
Measles (Rubeola)**	Contagious viral infection that causes high fever, cough, red eyes, runny nose, and rash; spread through air and direct contact	Brain swelling, infection of the lungs (pneumonia), death
Mumps**	Contagious viral infection that causes fever, tiredness, swollen cheeks, and tender swollen jaw; spread through air and direct contact	Brain swelling, painful and swollen testicles or ovaries, deafness, death
Rubella (German Measles)**	Contagious viral infection that causes low-grade fever, sore throat, and rash; spread through air and direct contact	Very dangerous in pregnant women; can cause miscarriage or stillbirth, premature delivery, severe birth defects
Chickenpox (Varicella)	Contagious viral infection that causes fever, headache, and an itchy, blistering rash; spread through air and direct contact	Infected sores, brain swelling, infection of the lungs (pneumonia), death
Hepatitis A	Contagious viral infection of the liver; spread by contaminated food or drink or close contact with an infected person	Liver failure, death
HPV (Human Papillomavirus)	Contagious viral infection spread mainly by sex, but also by close skin-to-skin touching	Genital warts and many types of cancers later in life, including cancers of the cervix, vagina, penis, anus, and throat
Meningococcal	Contagious bacterial infection of the lining of the brain and spinal cord or the bloodstream; spread through air and direct contact	Loss of arm or leg, deafness, seizures, death