

DBT Providers
(Dialectical Behavior Therapy)

The DBT Clinic

2104 SE Morrison Street

Portland, OR 97214

(971) 285-6545

Emily Nemeth Counseling

325 NW 21st Ave., Suite 103

Portland, OR 97209

(503) 504-5857

Portland DBT Institute

5200 SW Macadam Ave., Suite 580

Portland, OR 97239

(503) 231-7854

Providence DBT Clinic

5228 NE Hoyt St. Bldg B

Portland, OR 97213

(503) 215-6474

Western Psychological and Counseling Services

Offers DBT Skills Groups

See website for services at multiple locations